



Virginia

Dental Hygienists' Association

66th Spring Scientific Session of the Virginia Dental Hygienists' Association

Course Descriptions & Speaker Bios



John Kwan, DDS

FRIDAY, MARCH 22 - 10 a.m. to 1 p.m.

“Contemporary Periodontics: Looking Down the Cutting and Non-Cutting Edge: Minimally Invasive Treatments”

We are now able to provide non-surgical treatments using micro ultrasonic instrumentation aided by the periodontal endoscope. Combining the best “cleaning” instrumentation, with various methods of “disinfection”, allows most patients with periodontal disease to return to health without surgery. The operating microscope takes you into a world of great clarity and precision. Microsurgery minimizes trauma, accelerates healing, thereby improving the predictability of results. Discover what is dramatically changing the practice of periodontics.

BIO: Dr. Kwan received his DDS from USC and periodontal training at LSU. His private practice includes clinical research, education and serving as an advisor to dental product and technology companies. John is a Diplomate of the American Board of Periodontology, is a Clinical Professor at UCSF School of Dentistry and is currently Clinical Director for Perioscopy, a Zest Dental Solutions company. Dr. Kwan's treatment focus is on minimally invasive care for periodontal and implant patients emphasizing periodontal endoscopy and microsurgery.

This course was generously funded by an educational grant from Zest Dental Solutions.





Betsy Reynolds, RDH, MS

FRIDAY, MARCH 22 - 2 to 5 p.m.

“Diet Wars: Looking at Today’s Dieting Trends and Their Impact on Dental and Systemic Health”

South Beach? Atkins? The Zone? Weight Watchers®? Caveman? Confusing???? You bet! Because obesity has become a major health crisis for people of all ages, it is understandable that Americans are seeking out weight loss strategies through a variety of dieting strategies. The quest for weight loss has led to increasingly complex dieting fads that impact general and oral health. This course will provide participants with an overview of metabolic considerations in dieting trends in an effort to minimize confusion and maximize understanding of the

effects of today's dieting revolutions. Additionally, course participants will learn how certain types of adipose tissue act as an inflammatory organ. Presented in a relaxed forum, clinicians will be able to incorporate information garnered in this course to provide more comprehensive nutritional counseling to dental and dental hygiene patients as well as recognize possible sequelae of dieting trends. Come prepared to learn, enjoy and share your insights.

This course is fully funded by an educational grant from Colgate.



SATURDAY, MARCH 23 - 9 a.m. to noon

“The Stress Mess: The Ramifications of the Stress Response”

Stress has become an integral part of everyday life. Whether rushing to an appointment across town during rush hour or dealing with difficult patient scenarios, we are often “stressed out” by the end of the day. How does stress affect our ability to make clinical decisions? How does chronic stress affect overall health? How can people better manage stressors to decrease its adverse effects on well-being? This course will help the participant answer these and many more questions through a fun, interactive program based on the latest research findings. Also included in this program will be how chronic stress impacts oral and systemic health. As a recognized risk factor for periodontal diseases, stress reduction strategies for patient care will be presented in order for the participant to devise and implement treatment plans addressing stress-related sequelae. Because stress effects can be gender specific, a portion of the course will be devoted to how men and women differ in stress management, stress responses and stress manifestations.

BIO: Armed with degrees in dental hygiene and oral biology, Betsy presents scientifically-based dental and dental hygiene continuing education programs nationally and internationally. Avidly committed to making the dental sciences understandable and relevant, Betsy devotes time and energy to publishing articles and book chapters designed to enlighten and inspire clinicians. Her continuing education presentations include a variety of topics involving the biologic basis for oral and systemic disease prevention, microbiological and immunological aspects of oral disease, implications of stress on oral and systemic health, oralpathological concerns, oral piercing and body modification considerations in care delivery, head and neck anatomy and scientific developments affecting oral health care delivery. Betsy lives in her home state of Idaho where she enjoys hiking, biking, gardening and taking in the breathtaking scenery with loved ones.

This course is partially funded by an educational grant from Parkell.





Patti DiGangi, RDH, BS

SATURDAY, MARCH 23 - 2 p.m. to 5 p.m.

“Navigating Periodontal Care with 2018 Protocols Flow Chart”

Periodontal disease starts with a biofilm-based infection that creates a wound that, in turn, induces the inflammatory cascade responsible for the disease. This wound must be taken seriously and treated at the earliest possible stages. The American Academy of Periodontology (AAP) Classification of Periodontal and Peri-Implant Diseases and Conditions 2017 defines 4 levels of periodontal health and includes staging and grading system for periodontitis as well as classification of peri-implant disease. This along with recent changes in CDT codes creates the necessity for an update. This interactive workshop introduces the 2018 Perio Protocols Flow Chart© to provide a framework to meet the individualized needs of the patient.

Patti shares her insights and expertise through her DentalCodeology book series. In 2018 she released her CDT 2018 Shifts Metrics Driven and 7th book Teledentistry Pathway to Prosperity. Patti offers for continued learning and growth through her Dental Codeologist Member group and DentalCodeology Insurance Navigator online certification program. This book as well as 2018 Perio Protocols Flow Chart© laminated and safe for our treatment rooms as a discounted cost at this course.

BIO: Patti DiGangi, RDH, BS: Patti believes dentistry is no longer just about fixing teeth; dentistry is oral medicine. As a navigator and long-time clinician, she guides audiences through the rough waters of coding. Her efforts have assisted thousands of professionals to code more accurately and efficiently. In fact, the American Dental Association recognized her expertise by inviting her to write a chapter in its CDT 2017 Companion book and again for CDT 2018 Companion. Patti holds publishing and speaking licenses with ADA for Current Dental Terminology©2018 and a license for SNODENT©2018 diagnostic coding.

This course was assisted by the following sponsors:

- Crown Seating donates a DentalCodeology branded operator chair.
- Lexicomp donates a 1 year online subscription.
- MouthWatch donates an intraoral system for teledentistry.
- DentalCodeology donates a 1 year membership to the Dental Codeologist Member network.

DentalCodeology





Thomas Viola, RPh, CCP

SUNDAY, MARCH 24 - 8:30 to 11:30 a.m.

“Medically Complex Patient Management”

In the course of everyday practice, dental professionals must frequently draw upon their knowledge of pharmacology for optimal care of today's medically complex dental patients. However, armed with relatively brief exposure to such a vast subject during formal education and faced with ever-changing medication therapy guidelines, many dental professionals simply cannot keep up with the latest trends in disease state management and the impact on dental care. This program will present dental pharmacology in a format which makes it applicable, practical and useful for all members of the dental team. Using case scenarios, special emphasis will be given to developing patient management strategies essential for successful treatment planning and proper care of our medically complex dental patients.

BIO: Thomas Viola, the founder of “Pharmacology Declassified”, is a board-certified pharmacist who also serves the professions of dentistry as a clinical educator, professional speaker and published author. Tom is a member of the faculty of ten dental professional degree programs and has received several awards for outstanding teacher of the year. Tom has presented hundreds of continuing education courses to dental professionals, nationally and internationally, in the areas of oral pharmacology and local anesthesia and is well known for his regular contributions to several dental professional journals. Through his informative, humorous and engaging live seminars and webinars, Tom has earned his reputation as the go-to specialist for making pharmacology practical and useful for all members of the dental team.

This course is partially funded by an educational grant from Procter & Gamble.



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