President’s Message

I would like to thank all of you who have supported VDHA and your profession through the years by being members as well as those who are new to the association.

Your membership has helped and will continue to help to expand the scope of our practice just as we have with local anesthesia and remote supervision laws to name a few.

VDHA has a dynamic volunteer legislative committee. Our commitment to creating a positive and active role in Virginia’s legislative and regulatory activity for the practice of dental hygiene is also reflected by VDHA’s decision to hire professional lobbyists. VDHA retains Cal Whitehead of Commonwealth Strategy Group for legislative strategy and guidance. This year, we have also been working with Cal’s colleague Lauren Schmitt, who many of you met at our fall HOD or January Rally Day.

A good example of how VDHA works with our lobbying firm is the current Remote Supervision Bill, HB1474. Last year, VDHA worked with the Virginia Dental Association (VDA) to pass a bill that increased the settings where remote supervision could occur. However, when it came time to implement regulations for the bill, it was apparent some changes needed to be made. With the help of our lobbyists, we worked through it. Cal and Lauren provided us with legislative advice, monitored legislative activity, represented us in the legislature, at committee meetings, and Board of Dentistry hearings in Richmond. They also helped VDHA organize a very successful Rally Day on January 27. By becoming a member of VDHA, a portion of your dues helps to pay for these important services.

I would like you to consider that by working only one day a year to pay your national and state membership dues you can ensure your professional future continues and is meaningful. By joining VDHA, not only help do you help us to retain our lobbyist but, you also increase our membership numbers and the power of our voice when we meet with our legislative representatives.

Act today! If you know a hygienist who is not a member, please encourage them to become a bigger part of their profession by joining their association.

VDHA’s Scientific Session is March 23-26. I hope to see you there. Invite a dental hygienist to attend and join us.

Trish MacDougall
VDHA President
Upcoming Events

Executive Board Meetings
April 22, 2017 Charlottesville
July 22, 2017 Location TBA Charlottesville

VDHA Foundation
July 21, 2017 Charlottesville

Spring Scientific Session
March 24 -26, 2017 Westfield Marriott, Chantilly, VA

2017 VDHA Scientific Session
Date:  March 24-26, 2017
Location:  Westfields Marriott Washington Dulles
14750 Conference Center Drive,
Chantilly, VA, 20151-3800
Sleeping Rooms:  $119 + 12% tax
Deadline to reserve rooms – March 1, 2017
Hotel overnight rooms will be available the night of Thursday, March 23, 2017
for those who would like to arrive the night before the meeting begins.
You may reserve overnight rooms NOW online,
https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=15522969

We are going to a lovely hotel, Westfields Marriott, once again. This is a beautiful venue for our Scientific Session here in Northern Virginia.

We are so fortunate, once again, to have such outstanding speakers. We will be learning about the new Remote Supervision provided for hygienists, aiding in access to care. Then we will have a new speaker to us, Donna Olewinsky discussing Infection Control and new CDC guidelines. Our good friend Hu-Friedy who is providing an educational grant. Lisa Dowst-Mayo will be presenting a course about HVP and Sex in Dentistry, and, Colgate is also providing a grant for us.

Saturday will feature Kami Piscitelli who share a course covering special needs patients and early childhood needs. VDHA member, our wonderful Kelly Tanner Williams, will present nutritional information provided with an educational grant from Philips Sonicare. Dr. James Lichon will provide information about cardiovascular disease and supplements. Thanks to Procter and Gamble for helping us with this program as well.

The other thing that is exciting is that on Friday after the courses VhyPac will have a casino night. The last time we had that we all had such a ball! It is a great way to socialize and network. I love seeing friends again.

Look on our website www.vdha.net and go to the “click here” to register. Early birds get a surprise too! So hurry up!

Sheila B. Sheats, RDH,
CE Chair
Component News & Reports

Component 01 Northern Virginia

NVDHA has been providing very informative CE’s for our members. In October, we hosted Dr. Louis DePaola for the annual OSHA/Blood Bourne Pathogens update. In November, Proctor and Gamble sponsored our CE speaker Amy Kinnamon, RDH. Title: “The role of the dental hygienist in comprehensive care and maintenance” and provided complimentary electric toothbrushes to all that attended. In January, we hosted Dr. Bonnie Foster. The topic was “It’s Just not a Headache”.

NVDHA would like to thank Cathy Berard, legislative chair, for all her time spent organizing our members to attend Rally Day. Students from NOVA and Germanna Community College were able to attend with the aid of a grant from the VDHA Foundation.

February 15th CE is hosting Dr. Leslie Rye. The topic is “How Drugs/Medications Affect Oral Health & Treatment.” Catherine Johnson continues to be our Free Clinic Liaison for Northern Virginia. She has been instrumental in organizing volunteers for the Mission of Mercy and Leadership Day.

NVDHA is hosting the VDHA Scientific Session at the Westfield Marriott Conference Center March 23-26. Sheila Sheats has prepared another spectacular weekend of CE’s. Thank you to her and all the other members who make this weekend a huge success.

Our final CE for the year we will be hosting Diana Corbin, April 19th. Hormones: The Oral Systemic Link.

Respectfully Submitted,
Julie Simms, Trustee 01

Rally Day 2017
Pictures include visits with Delegate David Marsden and Delegate Vivian Watts.
Virginia Commonwealth University has recognized Tammy Swecker with the MCVAA Hodges-Kay Service Award. Tammy Swecker is an outstanding educator, clinician and wonderful representation as a member of Greater Richmond Dental Hygiene Association. On October 29th, 2016, Tammy was honored with this award and celebrated by her peers!

In November Greater Richmond hosted a CE at Patterson Dental in Richmond, Virginia. The CE on November 11th focused around instrumentation, XP technology and double Gracey’s. American Eagle was set up for attendees to utilize typodonts and get some fantastic hands on experience!

In addition to a great CE in November, members of Greater Richmond attended the VDHA annual Rally Day at the capitol in Richmond, VA. There was a great turnout to discuss HB1474 with the senators and delegates!

In February, Greater Richmond will be hosting a CE called “Womb to Grow: Modern Health for Prenatal to Preschool Patients” by Kelly Williams of Philips at Patterson Dental. We are looking forward to celebrating National Children’s Dental Health Month with this CE, and hope that it will be very informative. Our CE chair is still in the process of planning a few more CE’s to help keep everyone informed on current dental hygiene issues and technology! If you have any ideas, please feel free to email Natalie Cavalieri at NCavalieriRDH@gmail.com. This spring is Scientific Session in Chantilly, VA on March 24-26, if you are interested in attending to stay on top of your continuing education please feel free to contact me or you may reference the VDHA webpage at https://vdha.wildapricot.org/

Happy Winter everyone!

Emilie M. Bonovitch, RDH
VDHA 02 Trustee, Greater Richmond
Warm winter wishes from the Tidewater Dental Hygienists’ Association Component 03!

Our component officers and ODU senior dental hygiene students attended the VDHA Rally Day held at the Richmond State Capitol January 27, 2017 to advocate for our profession and to thank the legislators who unanimously voted to allow dental hygienists to practice remotely.

VDHA is working statewide with our lobbyist to decrease practice restrictions, create jobs, provide access to care, and to protect our profession. Collectively, we can support our profession and the mission of VDHA: to improve the public’s total health and advance the science and practice of dental hygiene. Our grassroots efforts will improve our profession and provide stability for future job opportunities.

If you are not yet a member of ADHA, I would like to encourage you to join today. If you would like to become active at the local level or you have any questions, contact me at meglemaster92@gmail.com.

Tidewater Executive Board met recently to plan out the winter and spring agenda…lots coming up! Join out Facebook page for more information https://www.facebook.com/groups/tdha03/. If you would like to be on the email list for TDHA information, let us know.

**2016-2017 TDHA Officers**
President: Tracey Martin
Vice President: Lauren Thomas
Immediate Past President: Amanda Kimball
Secretary: Miranda Beeson
Treasurer: Tracee Dahm
Membership Chair: Kelly Fox
VDHA Foundation Component Liaison: Irene Connolly
Member at Large: Joan Katabian
Legislative Chair: Emily Ludwig/Tracey Martin
Trustee: Meg Lemaster

TDHA leadership strives to positively impact fellow dental hygienists and student dental hygienists. We welcome new members to join us at our next meeting in March -time and place to be announced. Join our Facebook page for more information https://www.facebook.com/groups/tdha03/

We look forward to meeting new and seasoned dental hygienists in 2017!
Meg Lemaster
Trustee 03
February 10, 2017 – Dental Hygiene Day at Charlottesville Free Clinic

February 13, 2017 – 1.5 Hours CE, Orthodontic Treatment Timing – Solving the Mystery, presented by Dr. Horbaly

March 15, 2017 – 1 Hour CE, TMJ Pain and the Dental Patient, presented by Christine Dean, PT

Rally Day 2017

Mimi Magyar, Delegate David Toscano, Christina Morris
This is the Class of 2017 that PDHA is most proud of and honored to mentor as future colleagues and leaders of our profession. On May 9th, these graduates will be awarded their RDH cloisonné pins gifted by the PDHA as part of the Pinning and Graduation Ceremony.

TNCC DNH Class of 2017

Seated from L-R: Lauren Ruiz, Ashley Williams, Michelle Polk, and Leyla Fletcher.
Standing from L-R: Sharon Chandler, Kellsie Hudson, Charlene Foster, Ashley Taylor, and Kristin Page.

TNCC DNH Class of 2018

From L-R: Stacy Cottrell, Nicole Gainey, Samantha Spain, Briana Miller, Cherry Banaag, Madeline Hernandez, Emily Miller, Lauren Dunston, and Sarah Pitts.

Michelle Polk and Ashley Taylor excelled in their role as Student Delegates at the 2016 VDHA House of Delegates. The participation of the TNCC student dental hygienists at all the PDHA events has been a delight for all.

Our Community Day Event was held in Williamsburg at the Bounce House. Left to right: Julie Martin, Marge Green, Amy Rankin, President Keith Duron (organizer of event).
Component 09 Southwest Virginia

President – Moe Thompson
Vice-President – Rita Phillips
Treasurer/Secretary – Margaret Martin
Trustee – Margaret Martin
Legislative Chair—Rita Phillips

Spring Continuing Education Courses are planned for Friday, March 31st, 2017. Kelly Williams will present “In Pursuit of Health: Care to Take the Journey” and “Eat, Drink and be Wary: You Are What You Eat”. Registration form is on the VDHA website.

We are looking forward to another successful RAM Smyth County clinic in 2017! To guarantee success, we need dental volunteers to participate this year. Please plan on volunteering to support and provide free dental care to the underserved in our community. The 2017 RAM Smyth County clinic will be held on May 5, 6, and 7 at the Mountain Empire Regional Airport in Rural Retreat, VA.

Margaret Martin
09 Trustee

RAM WANTS YOU!

We’re looking for a few good volunteers,
MEN & WOMEN OF ALL AGES,
to make the world a better place.

Contact your nearest RAM recruiting station
865-579-1530  www.ramusa.org

Amber Shuler & Dr. Neil Hollyfield
Co-Chairs, Dental, RAM Smyth Co.
Component 10 Northwest Virginia

- Hope everyone is enjoying 2017 so far. The Northwest Component is once again 40 members strong! Each meeting we have a few Lord Fairfax dental hygiene students in attendance who will be the future of our organization.
- Four of our members attended the Charter Agreement meeting in Charolettesville, VA on November 5, 2016. This was a significant meeting with good exchanges of ideas and better understanding of the pros vs. cons of either becoming incorporated or unincorporated. Our Component then met on November 17 to discuss our desires for the direction of the organization.
- Our component President, Linda Gill, attended career day at Skyline High School on November 17, 2016 to promote the profession of dental hygiene.
- Carol Jahn from Waterpik presented a 4 hour/4 credits CE on November 19th “Seniors & Boomers: The impact of chronic disease, disabilities and the smoking habit”. Thank you to Karen Avey for obtaining $200 sponsorship from Listerine for the CE course. Kathleen Fox, sales representative, attended and distributed the Listerine samples.
- On December 3rd, Jim Overbay presented a 4 hour/4 credits CE on Lasers in Periodontal Disease Therapies.
- Component 10 presented the LFCC students with exam week gift bags. Each member contributed something special to help the students through the week.
- NWVDHA collected items for Rally Day that was given to legislators on January 27, 2017. Twenty students attended from LFCC, Danville, and VWCC. Students were able to meet with all of their Delegates, but not able to meet with any Senators. All students and practicing hygienists that attended were acknowledged on the senate floor by the Lt. General who let it be known that oral health affects overall health, giving strength to the Bill.

UPCOMING EVENTS

- VDHA Scientific Session will be held on March 24 through the 26., 2017 at Westfield’s Marriott in Chantilly, VA. Component 10 has voted to pay the $25.00 admissions fee for LFCC students interested in attending.
- Our component voted to give the profits from the CE projected for April 2017 (topic and date TBA when students find a presenter) to the student chapter of the ADHA at LFCC. These proceeds will go towards the students Board Exams.
- Component 10 meetings are held at Sal’s Italian Bistro in Edinburg, VA every 3rd Thursday of the month. Come at 6:30pm to enjoy a delicious meal or 7pm for the meeting.

Respectfully Submitted,
Whitney March, RDH
Trustee Component #10
**********VDHA Charter Agreements**********

ADHA has determined that, nationally, all components will have to be compliant with guidelines they have set in order to remain a component. ADHA’s explanation for taking this action as stated in their materials are twofold: to assure that legal and financial obligations are being met and to assure that ADHA is poised to meet the needs of the member of the future. As trustees of the organization, we have reviewed our legal and fiduciary responsibilities and concluded that some smaller components may have difficulty meeting the requirements financially so VDHA is in the process of determining how we will meet this challenge which may include merging components. We will take a final vote in April. If you have any questions please contact your component Trustee or you may e-mail me at president@vdha.net at any time with your question and I will be available to answer your questions at Scientific Session in March.

Trish MacDougall
VDHA President

********************************************************************************

Membership News

Hello and Happy Winter! Winter Cycle Members-You can still Renew your Membership Today, it is not too late! The ADHA even offers a quarterly payment plan! Please take advantage of this great opportunity (312-440-8900- membership services). The quarterly payment plan allows the convenience of paying every 4 months versus the full amount at the time of renewal. It also automatically renews, which means you never have to worry about missing the deadline!

Currently, the VDHA is working with the ADHA on a pilot program called “the 10 State Membership Initiative,” to help grow collective membership. Virginia is one of 10 states that makes up 55% of the ADHA membership and this program will use a targeted approach to recruit and retain members. Virginia is also unique in that there is a significant number of hygienists who are not yet members! This program offers a multifaceted approach to support our membership efforts!

If you have any questions regarding membership do not hesitate to contact Emily Ludwig at eludw003@odu.edu.

Best,
Emily Ludwig, BSDH, MSDH
VDHA Membership
VHyPAC Event at Scientific Session!!!

We invite you to our big fund raising event, a Casino Night at our Scientific Session, at the Westfields Marriott in Chantilly, VA. The event will be held following the CE courses on Friday, March 24, 2017 from 5:15-8:15. We will have tables to play games and a fun time for all. Heavy hors-d’oeuvres and a cash bar available that evening. You need to sign up for the event on your registration form for Scientific Session so that we can plan for the number of participants. If you want to enjoy the games, we encourage you to becoming a member for $25 which gives you the opportunity to play the games and get tickets to enter for a chance to win the door prizes. This is our major fund raising event of the year and we look forward to seeing you there!!
VDHA hygienists and student ADHA members rock!! Thanks to all of you who participated in our annual Rally Day in Richmond on January 28. We had a total of 208 hygienists and future hygienists descend on Capitol Hill to let our legislators know who we are and what we do, and how they can support optimal health and oral health for all Virginians! Most of the VDHA components were represented as well as the 173 dental hygiene students from eight of nine dental hygiene programs!

We are extremely optimistic that HB1474 will be successful. *As of this writing, it has unanimously passed through the Virginia House of Delegates, and we expect the same from the Senate.* This is in no small part a result of the knowledge and professionalism exhibited during our Rally Day visits! You can monitor the progress from this link: [http://lis.virginia.gov/cgi-bin/legp604.exe?ses=171&typ=bil&val=hb1474](http://lis.virginia.gov/cgi-bin/legp604.exe?ses=171&typ=bil&val=hb1474)

This year’s bill eases some unintended restrictions from last year’s bill regarding remote supervision for all Virginia licensed dental hygienists.

Taking part in the state legislative process is how your professional organization shows the value of membership uniting with strength and commitment behind the common cause of continuing to move our profession forward. Without the participation and support of members and students, citizens of the Commonwealth of Virginia may unnecessarily face barriers to directly accessing the valuable services of dental hygienists.

Many thanks to VDHA officers, component officers and legislative chairs, dental hygiene school students and faculty for your involvement! A special thank you goes to Susan Motley, VDHA Executive Director and Lauren Schmitt, our VDHA lobbyist, for their extra help on ‘IT’ efforts, coordination and status updates.

Susan Pharr, BSDH, MPH
Regulations and Practice Committee Chair
ADHA IOH update

It was decided this year that raffle tickets would no longer be sold; while they were popular, it was very costly in terms of staff time needed to administer it. Even though it was fun, it was definitely not cost effective to continue to keep that program. If there is interest, we can always have a 50/50 raffle at the SS event in March.

Continued donations via the website, both ADHA and VDHA are still being sought. You can just click on the IOH icon on the VDHA website to make your donation.

As we get closer to the ADHA CLL/HOD that will be held in June, more info will be distributed about the 5K-Fun Run/Walk event. Last year, our Virginia team raised money via sponsor donations. Thanks to the generosity of many donors, this highly successful model will again be used for the 2017 efforts.

Virginia was able to reach our goal and our District 3 (“The Red Hot Chili Steppers”) were recognized as the top fundraiser for the event!

Our VDHA assigned goal is $6,073.10 for 2017. Many thanks to the following individual members who have already made their donations:

- Donna D. Kirley, RDH
- Tammy Cahoon Ridout, RDH, BSDH
- Tammy Goswick
- Nancy Martin
- Michelle McGregor
- Julie Simms
- Marge Green

Donations can also be made by components; it should be noted that most of our components generously donate annually as well.

As you know, the VDHA Foundation annually funds a scholarship in memory of Alice Hinchcliffe Williams that is administered by the IOH. The Alice Hinchcliffe Williams, RDH, MS Merit Scholarship for Post Licensure or Graduate Degree deadline was Feb 1st and we are looking forward to see who was selected as the recipient this year!

Please contact me if you have any questions, thank you so much.

Catherine A. Berard, BSDH, RDH
VIRGINIA DENTAL HYGIENISTS’ ASSOCIATION FOUNDATION
HONOR ROLL REPORT OF GIFTS
May 1, 2015 through November 11, 2016

JEFFERSON CLUB
Northern Virginia Hygienists’ Association
In memory of Patricia A. Golliday, RDH

PATRIOT CLUB
James Forsberg
In celebration of my daughter, Julie Simms’ birthday, October 13th
Mary Morrison Littleton
In honor of Agnes Morrison
Nancy Martin
In honor of Brian Martin
Sheila Sheats
In memory of my mother Ernestine P. Brown
In memory of Pat Wheeler mother of Melanie Bartlam
Julie Simms
In honor of my dad, Jim Forsberg and in memory of my mom, Cynthia Forsberg
Moe Thompson
In honor of the Southwest Virginia DHA
In honor of the recent weddings of my children
Monticello Dental Hygienists’ Association
Tidewater Virginia Dental Hygienists’ Association

DONOR CLUB
Julie Y. Allen
Karen Avey
Melanie Bartlam
In memory of Ernestine P. Brown, mother of Sheila Sheats
Cathy Berard
In memory of Pat Wheeler mother of Melanie Bartlam
In memory of Ernestine P. Brown, mother of Sheila Sheats
Stacia Brooks
Irene Connolly, RDH, BS, MS
In honor of Jackie Perry, RDH, BS, MS
Betsy Di Silvio
In memory of Judith A. Walsh
DONOR CLUB (continued)

Linda Gill
In memory of Mr. Tom Smith
Evelyn D. Grant
In honor of Monticello DHA
Marge Green
In appreciation of Barry Lee Green
In honor of PDHA Immediate Past President, Jessica Suedbeck
Catherine Johnson
Judith Knight
Michelle McGregor
Patricia MacDougall
Mimi Magyar
In honor of Monticello DHA
Julie Martin
Margaret Martin
In memory of Robert F. Jackson, DDS
Tracy Martin, RDH, BSDH
Maureen McCann
In appreciation for all ADHA members
Sheri Moore
Elaine Newland
In memory of Ernestine P. Brown, mother of Sheila Sheats
Joan Perez
Bonnie Perry
In appreciation for my VDHA family
Jackie Perry
Susan H. Pharr, BSDH, MPH
Rita Phillips, RDH, PhD
Susan Reid-Carr
In memory of Pat Wheeler mother of Melanie Bartlam
In memory of Jesse W. Reid, Jr.
Patricia Shand, BSc, RDH
In honor of Daniel Gallagher
Kathleen Sloan
In honor of Lynn Boland
Maloy Van Faussien
In honor of Gloria Livingston’s RDH retirement
Greater Richmond Dental Hygienists’ Association
North West Dental Hygienists’ Association
Peninsula Dental Hygienists’ Association
Southwest Virginia Dental Hygienists’ Association

All contributions enable VDHA Foundation to continue to make a significant difference in the lives of many. Thank you to all who have contributed this past year to continue the work of the Virginia Dental Hygienists’ Association Foundation. Your tax-exempt donation will be utilized in performing the charitable, educational, research and scientific activities of the association. If you would like to make a donation, please send it to: Marge Green, VDHA Foundation Treasurer, 1919 Old York Hampton Highway, Yorktown, VA 23692-4143
Additional News

Opioid Addiction Crisis Declared a Public Health Emergency in Virginia

On November 21, 2016 Governor McAuliffe issued a News Release stating that State Health Commissioner Marissa Levine has declared Virginia’s opioid abuse crisis a Public Health Emergency in the Commonwealth.

Visit the Virginia Department of Health for more information.
Download Commissioner Levine’s message to healthcare practitioners on dispensing Naloxone.

VaAware.com offers resources for combating RX drug and heroin abuse

Prescription drug and heroin abuse throughout the Commonwealth has reached epidemic proportions, with annual drug overdose deaths outnumbering deaths caused by car accidents.

In response to this crisis of addiction, Governor Terry McAuliffe’s Task Force on Rx Drug and Heroin Abuse in Virginia recommended that state agencies create a comprehensive website. Here is VaAware.com, an online resource developed as an informational tool for all citizens of Virginia.

The site features specific pages for parents, educators, licensed practitioners, law enforcement officers and drug dependents, and offers best practices for recognizing, preventing, diagnosing, treating, and recovering from opioid/heroin abuse.

Join us on Facebook!
https://www.facebook.com/groups/vdha.net/
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<tbody>
<tr>
<td>Membership Committee</td>
<td>Emily Ludwig</td>
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<td>VA Student DH Committee Co-Chairs</td>
<td>Inactive</td>
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<td>ADHA Education Network Liaison</td>
<td>Michelle McGregor</td>
</tr>
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<td>Directory</td>
<td>Betsy DiSilvio</td>
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<td>Newsletter Editor</td>
<td>Moe Thompson</td>
</tr>
<tr>
<td>Awards</td>
<td>vacant</td>
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<td>Historian</td>
<td>Julie Martin</td>
</tr>
<tr>
<td>Website Manager</td>
<td>Susan <a href="mailto:Motley-smotley01@gmail.com">Motley-smotley01@gmail.com</a></td>
</tr>
<tr>
<td>ADHA IOH Liaison</td>
<td>Cathy Berard</td>
</tr>
</tbody>
</table>
New Website with Members Only Section!!
https://vdha.wildapricot.org/

Our Mission
Lead the transformation of the dental hygiene profession to improve the public’s oral and overall health and advance the science and practice of dental hygiene.

Our Vision
Dental hygienists are integrated into the healthcare delivery system as essential primary care providers to expand access to oral health care.