

Dear VDHA,

The Student Chapter of the American Dental Hygienists' Association (Lord Fairfax Dental Hygiene class of 2014) would like to thank you for your contributions to our recent wellness fair. It was a success that we will always be grateful for. We just wanted you to be aware of how your donation helped, and how it was used.

As a class we set up a table at the college wellness fair. Three tri-fold boards were displayed for passing students and visitors. Our first board, titled Nutrition, displayed several sodas and juices, with a display of sugar in each of the drinks. We also placed an acid exposure chart on this board with the effects of drinks and some foods on the oral pH. Our second board labeled Oral Hygiene, explained how to floss, brush, and rinse. Lastly, the third board titled Oral Cancer displayed photos of oral cancers, as well as risk factors, symptoms, prevalence, and survival rates. This poster received a lot of attention and inquiries from the wellness fair participants. We used this board as a segway into the next part of the program plan. Forty dollars was used for making these displays.

As students and visitors asked about the oral cancer display, we explained that they could get a free oral cancer screening from a student in the college dental clinic. Ninety-one dollars was spent on supplies from Smart Practice for such items as masks, gloves, tongue depressors, and barriers. We had volunteers for screenings, and afterwards provided them with a post-test survey. Thirty-two dollars was spent at Staples printing this survey as well as other pamphlets and paperwork for the wellness fair.

Our surveys confirmed that prior to the screening many people were not aware of the risk factors of oral cancer, as well as the prevalence. Participants shared that most feel more comfortable now looking for warning signs, and sharing with others what they have learned. Overall, the day was very successful. Just getting the idea of oral cancer out there with college aged students is very important, and we believe we accomplished our goal. Below are a few pictures from the event. Again, thank you so much for your support and contribution.

Sincerely,

Student Chapter of the American Dental Hygienists' Association

